

# NORTH PLATTE PHYSICAL THERAPY

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## PHYSICAL / OCCUPATIONAL THERAPY REFERRAL

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Referring Physician: \_\_\_\_\_ Code: \_\_\_\_\_

Onset Date: \_\_\_\_\_ Patient Aware of Dx:  Yes  No

### TREATMENT DESIRED

<input checked="" type="checkbox"/> Evaluate and Treat	<input checked="" type="checkbox"/> Therapeutic Exercise	<input checked="" type="checkbox"/> Manual Therapy
<input checked="" type="checkbox"/> Modalities	<input checked="" type="checkbox"/> AROM	<input checked="" type="checkbox"/> Soft Tissue
<input checked="" type="checkbox"/> Hot/Cold Pack	<input checked="" type="checkbox"/> PROM	<input checked="" type="checkbox"/> Joint Mobilization
<input checked="" type="checkbox"/> Ultrasound/Phonophoresis	<input checked="" type="checkbox"/> Strengthening	<input checked="" type="checkbox"/> Other
<input checked="" type="checkbox"/> Electrical Stimulation	<input checked="" type="checkbox"/> Stretching	<input checked="" type="checkbox"/> Graston/ASTYM/IAMT
<input type="checkbox"/> TENS	<input type="checkbox"/> Pool	<input type="checkbox"/> Hand Program
<input type="checkbox"/> Iontophoresis	<input type="checkbox"/> Gait Training	<input type="checkbox"/> Splint/Orthotic Fabrication
<input type="checkbox"/> Paraffin/ <input type="checkbox"/> Cupping	<input type="checkbox"/> Lifting/Posture Instruction	<input type="checkbox"/> Functional Capacity Evaluation
<input type="checkbox"/> Traction	<input type="checkbox"/> Home Exercise Program	<input type="checkbox"/> Work Site Evaluation
<input checked="" type="checkbox"/> Functional Dry Needling	<input checked="" type="checkbox"/> Strapping / Kinesiotape	<input type="checkbox"/> Work Hardening/Conditioning

Special Instructions: N/A \_\_\_\_\_

Pt discharge: N/A \_\_\_\_\_ Discharge Date: N/A \_\_\_\_\_

Reason for discharge: N/A \_\_\_\_\_

Frequency: 2-3X PER WEEK \_\_\_\_\_ Duration: 4 WEEKS \_\_\_\_\_

Goals: DECREASE PAIN, INCREASE ROM AND STRENGTH TO IMPROVE FUNCTION. \_\_\_\_\_

Precautions: PER PROTOCOL \_\_\_\_\_

Effective Date: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_